

## CURRICULUM VITAE

**Name:** Lilibeth C. Al-Kofahy, PhD, RN  
**Gender:** Female  
**Nationality:** American Jordanian  
**Marital Status:** Married  
**Job Title:** Associate Professor/School of Nursing  
Sam Houston State University

### Languages

- English: fluent
- Tagalog: mother tongue
- Arabic: speak very well

### Academic Qualification

July 2009-2011	Doctor of Philosophy (PhD) in Nursing – Title of Thesis “The Lived Experience of Post Traumatic Stress Disorder as describe by a MVA victims in Jordan” Queensland University of Technology, Brisbane, Australia
July 2007 -2009	Master of Applied Science in Nursing Research- QUT, Australia School of Nursing & Midwifery, Faculty of Health (Articulated to PhD degree)
Jan.2005- 2006	Master of Nursing (specialization in orthopedic nursing) Victoria University, St. Albans, Melbourne, Australia
March 2004	English for Academic Purposes Victoria University English University Preparation Course @ Victoria Uni.
August 2004 - 1998	Occupational English Test Course, Victoria University Independent course study – HIV and Domestic Violence Mesa Educator Florida, USA
1994-1996	Master of Arts in Nursing Far Eastern University, Manila, Philippines
1976 -1980	Bachelor of Science in Nursing M.V.G.F.C. School of Nursing, Philippines

**Award/Honor** Outstanding Student Academic Performance in Master of Nursing Victoria University, Australia

### Professional License

- Registered nurse Texas USA, 2013 - present
- Registered nurse Florida USA, 1999

- Registered nurse Melbourne Australia, 2005
- Registered nurse Manila Philippines, 1982

### **Professional Organizations**

- Sigma Thatu Tau Honor Society 2016-2018
- American Women's Health Obstetric Neonatal Nurses 2013- present
- Southern Nurses Research Society 2013-2014
- Jordanian Nurses and Midwifery Council 2003-2010
- Philippine Nurses Association 1982-2000

### **Relevant Skills and Experience**

32 years full time overseas in both academic and clinical experiences: as a staff nurse, lecturer, research teaching assistant, assistant/associate professor in Maternal/Newborn Nursing, surgical, Mental Health Nursing, Adult Health Nursing-specialization in Orthopedic Nursing. Older Adults Nursing/Aged Care Facilities and various experience in-home health care.

### **Interpersonal Skills**

Developed effective interaction skills with a very good relationship between students, patients, colleagues and health employers through my work experience across different fields.

### **Employment History**

2013 – Present Sam Houston State University The Woodlands, Texas –

Associate Professor/School of Nursing – Maternal-Newborn  
(Course Coordinator) Theory/Clinical , Nursing Adult Health I  
Theory/Clinical, Older Adult Nursing Clinical, Introduction to  
Clinical Practice, Leadership & Management Clinical

2006 - 20012 Jordan University of Science and Technology Irbid

Jordan – Lecturer/Assistant Professor in Department Adult Health  
Nursing, Faculty of Nursing& Midwifery; Coordinator in  
communication skills, clinical coordinator M/S Supervised under  
graduate research project in car accident presentation and seminar  
(nursing students). Collaboration with other Health Institution to  
promote holistic health care services and good rehabilitation

2005 - 2010 Altona Meadows Aged Care Facilities Victoria, Australia  
 2000 - 2002 Al-Najah Hospital-fulltime OB/GYNE-Jordan  
 1999 - 2000 Norrington Homes for the Aged-USA  
 1990 - 1992 North Bay Medical Centre,  
     Labor\& Delivery USA  
 1985 - 1990 Jordan University of Science and  
     Technology (JUST) Research Teaching  
     Assistant-Full time-Jordan. Guide  
     undergraduate students in research subject,  
     performed seminar and presentation  
     lecturer and supervised students in minor  
     research project  
 1983 - 1985 Amira Basma Hospital Surgical ward (contract) Full time- Jordan  
 1981 - 1983 Cabanatuan City General Hospital (Phils.) -full time, Staff nurse-full time

### **Taught Courses**

#### *SHSU/Teaching Undergraduate Students:*

2013 - up to present - Maternity/Newborn Nursing (Clinical & Theory) Course  
     Coordinator  
 2013 - 2017 Summer - Concepts I (Theory)  
 2015 - Leadership and Management (Clinical)  
 2013 - 2015 - Older Adults Nursing (Clinical)  
 2014 - Health Assessment (Theory/Lab)  
 2013 -Adult Health nursing courses I & II (Clinical and Theory)

#### *JUST/Taught Undergraduate Courses -Overseas:*

Maternal/Child Nursing (Theory/clinical)  
 Medical Surgical (Theory)  
 Psychiatric/Mental Health (Clinical) Nursing  
 Communication Skills (Theory) Course Coordinator  
 Research course (Theory)  
 Fundamentals of Nursing (Theory/Clinical)  
 Community (Clinical)  
 Introduction to Nursing (Theory)

### **Publication**

- Al-Kofahy, L. C., & James, L. (2017). Clinical Reflection: The Experience of Nursing Students in the Obstetrics Unit. *International Journal of Clinical Practices*, Volume (4), 243 open access journal ISSN: 2394-4978.
- Al-Kofahy, L. C., Welch, A., & Lim, M. (2016). The Lived Experience of PTSD as describe by a MVA victims in Jordan. *LAP Lambert Academic Publishing: Germany*, Book - ISBN-13: 978-659-81598-0/ ISBN-10: 3659815985.
- Al-Kofahy, L. C. (2015). PTSD and Health Perspective: Victim of Motor

Vehicle

Accidents in Jordan *European Scientific Journal* Special Edition Vol. 2I SSN: 1857-7881/ e ISSN 1857-743.

### **Podium and Poster**

#### **Presentation**

- Al-Kofahy, L. C., & James, L. (2017). Clinical Reflection: The Experience of Nursing Students in the Obstetrics Unit. Nursing-Science Conference, June 26-28, 2017. Poster Presentation.
- Al-Kofahy, L. C. (2015). PTSD and Health Perspective: Victim of Motor Vehicle Accidents in Jordan. International Scientific Forum/Conference Amman, Jordan (Submitted February 28, 2015). Podium Presentation
- Al-Kofahy, L. C., Welch, A., & Lim, M. (2014). The Lived Experience of Post Traumatic Stress Disorder as describe by a MVA victims in Jordan. *SNSR Conference February 12-15 2014, San Antonio TX*. Podium Presentation.

### **Research Study-in progress**

- Anxiety Levels and Coping Strategies Among SHSU Nursing Students (Writing manuscript/draft).
- Cultural Beliefs, and Attitudes among Postpartum Women's Health (Writing IRB Application)
- Quality Improvement: Patient Satisfaction to Pain Management in the Post Operative Unit (Editing/for resubmission)

### **Study Grant**

- Sigma Theta Tau International Honor Society of Nursing- Beta Alpha Chapter Nursing Reward Submitted February 1, 2016
- Faculty Research Grant (FRG) Clinical Reflection: The Experience of Nursing students in the Obstetric Unit. Application submitted to SHSU October 13, 2015

### **Development Activities:**

#### **Conference Presentations Arising From PhD Program/ Research**

- Al-Kofahy, L. C. & Welch, A. (2008). The Lived Experience of Post Traumatic Stress Disorder as describe by a MVA victims in Jordan. Oral Presentation at Postgraduate Development Forum at the Queensland University of Technology, AU on 27-29 February 2008.
- Al-Kofahy, L. C. & Welch, A. (2009). The Lived Experience of Post Traumatic Stress Disorder as describe by a MVA victims in Jordan. Oral Presentation at Postgraduate Development Forum at the Victoria University of Science and Engineering, AU on 27-29 February 2009.
- Al-Kofahy, L. C. & Welch, A. (2009). The Lived Experience of Post Traumatic Stress Disorder as describe by a MVA victims in Jordan. Poster presentation at 9th Mater National Leadership and Learning in Nursing and Midwifery Conference in Brisbane, Australia on 10-11, September 2009.
- Al-Kofahy, L. C. & Welch, A. (2010). The Relationship between Arts and

Phenomenology. Oral Presentation at 6th Annual Qualitative Health Research Conference in Canada on 3-5, October 2010.

Al-Kofahy, L. C. & Welch, A. (2010). Oral Presentation at the 11th International Conference on Qualitative Research in Nursing and Health held in Melbourne, AU on 1-3 December 2010.

Al-Kofahy, L. C. & Welch, A. (2011). The Lived Experience of Post Traumatic Stress Disorder as describe by a MVA victims in Jordan. Oral Presentation at Postgraduate Development Forum at the Queensland University of Technology, AU on 2425 February 2011.

**Reviewer: Elsevier Textbook**

Maternal-Child Nursing (2018) 5<sup>th</sup> Edition by McKinney, James, Murray, Nelson, Ashwill

**Peer Reviewer: International Journal of Nursing**

**Practice (IJNP) Manuscript:**

- Support Surfaces in the Intervention of Pressure Ulcers in Surgical Patients: An Integrative Review 9/3/2016.
- Predictive validity of the Braden scale, Norton scale and Waterlow scale in the Czech Republic May 13, 2016
- Crushing oral solid drugs: Assessment of nursing practices in health care facilities in Auvergne, France 10/22/15.
- Clinical Evaluation of the Use of an Intra-cardiac Electrocardiogram to Guide the Tip Positioning of Peripherally Inserted Central Catheters 7/2015
- Factors influencing thinking of suicide among Older Korean Adults living alone 1/2014.
- Post-traumatic stress symptoms seen in children after the earthquake in Van province Turkey 5/2013.
- Community-environmental patterns regarding daily living among the mental disorders in Japan community 4/2013.

**Editorial Reviewer: Abstract for the 4<sup>th</sup> Padjadjaran International Nursing Conference, 3-5 June 2014**

- Cervical Cancer Awareness: an Information Dissemination Campaign April18, 2015 Prediction of Cardiovascular Disease Risk Level on Acute Coronary Syndrome
- The Effect of Culturally Sensitive Nursing Care Model on the Satisfaction of Diabetes Mellitus Patient March 2016
- Correlation Between Environmental Campus, Peers, Personality With Adolescent Mental Health in STIKEP PPNI Jawa Barat Bandung City March 2016
- The Flipped Classroom Phenomenon and Nursing Education April 2016
- Peer partnership in nursing education, experience from academic staff, a case study May 2016.

**Peer Reviewer: Jordan University of Science & Technology/ Manuscript**

- Addiction to Social Network Sites (SNSs) in university undergraduate students, 8/2/2015

**Invitation/Guest Speaker (Conference/Workshop)**

- Jordan University of Science and Technology, Faculty of Nursing – ‘Preparation and Guidelines: International Accreditation in Nursing Program August 4, 2016 Irbid, Jordan
- Ministry of Education and Culture University of Padjarjaran, School of Nursing Indonesia March 3, 2014 (Audio Call).

**International / National Nursing Conference/Symposium**

- Mandatory – Incivility Workshop for Faculty & Staff SHSU School of Nursing 01/2017
- The Division of Student Affairs Staff Development Symposium 02/2017
- RN-BSN Summit – University of Houston, Sugarland October 21, 2016
- Simulation Conference- Corpus Christi May 2016
- The 3<sup>rd</sup> Annual Woodlands Center Research Symposium, Saturday April 9, 2016
- International Scientific Forum, Amman Jordan, April 22-25, 2015
- AWHONN Conference Conroe, Texas. May 2015
- Memorial Hermann The Woodlands Hospital Conference - Evidenced Based practice and Research Council April 10 2015
- Austin Conference – Excellence in Clinical Instruction in Pre-Licensure Nursing Education Conference March 6, 2015
- Methodist Houston Hospital Seminar: Evidence Based Practice- Houston, TX September 26, 2014
- AWHONN Conference Dallas/Fort Worth 300 Championship Parkway- Fort Worth, TX. 76177 USA May 2 - 4 2014
- Southern Nurses Research Society Conference– Podium Presentation San Antonio, TX. Feb 12-15 2014

**University Services**

- University Diversity Committee Fall 2017-August 2018
- Faculty Diversity Committee– 2014-2017
- COHS Meta-Assessment Committee (Training) 2017
- Graduate Students Committee - Music Department 2016-2017
- Planning Committee (Teachers Conference 2015-2016)
- Student Services Initiative Committee- 2013-2014

**Faculty Services**

- SON Course Coordinator (Maternal Newborn Nursing) 2013-present

- Curriculum Committee 2013- up to present
- Philosophy Ad Hoc Committee 2016
- Student Appeals Task Force Committee 2016
- Faculty Orientation (Coordinator) 2013- 2015
- CRMC (Clinical Coordinator) 2013-2014
- Mentor: OB students  
OB faculties
- Advisor – Cohort 9

### **Community Services/Volunteer**

- The Woodlands SHSU Food Pantry 2017
- March of Dimes SHSU School of Nursing - The Woodland Church 2014, 2017
- Disaster Simulation SHSU School of Nursing 2016-2017
- Saturday at Sam- Sam Houston State University/School of Nursing – Citizen
- Bank building, Huntsville – 2014, 2015, 2017
- JUST Faculty of Nursing Journal Club 2016
- The Woodlands Marathon - Volunteer Medical Aid Team March 2014-2016
- CHI - St Luke's The Woodlands: New Grads Nursing Simulation – May 28, 2015
- Volunteer Community Service - Willis Friendship Center 2013-2015
- St. Luke's The Woodlands Marathon - Volunteer Medical Aid Team February 2013-2014
- Representative as panel member: Girl Scout at Sam Saturday April 2013
- Volunteer Recruitment Service - ST Luke's Educational Fair 12/ 2013

### **Continuing Education/Webinars/Professional Development**

- Quality: What Should We Pay Attention To? Global Institute – Simulation (Tony Errichetti, PhD) 04/2017
- Ethics Training Mandatory SHSU TWC- 04/2017
- Homelessness Round Table SHSU 03/2017
- A.DAVIS WEBINAR AT 12 PM EASTERN TIME Teaching for Team-Based Learning: Finding the Right Fit of Lectures 03/2017
- WEBINAR SIMULATION DEBRIEFING (Laurie Kerns) – 03/2017 Professional
- Development Blackboard Webinar TWC by Jacob Spradlin 02/2017
- Webinar IRB And Simulation research 02/2017
- Debriefing Styles In-simulation verses Post-simulation: Choosing the Appropriate
- Method Simulation Webinar (Laurie Kerns) - 11/2/2016
- RN-BSN Summit – CE University of Houston, Sugarland October 21, 2016
- 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> SHSU Annual Teaching and Learning Conference, 2013-2016
- PACE Teaching Conference – 13<sup>th</sup> Annual Teaching Conference 8/18/2016

- 8th Annual Memorial Hermann The Woodlands Hospital Research and Evidence-Based Practice Celebration Day (5 contact hours) - April 10, 2015
- Excellence in Clinical Instruction in Pre-Licensure Nursing Education Conference (6 contact hours) - Austin March 6, 2015
- ATI training webinar, March 9, 2015
- Examsoft webinar – October. 2015
- AWHONN webinar Postpartum Hemorrhage: Why we need to take action (5 contact hours) Nov. 12, 2014
- Attended Blackboard training 2013-2014
- SHSU Human Resources Training Faculty Training 2013-2014
- Sim Man 3G & Sim Mom 3 G, (20 contact hours)- Laerdal, May 20-24, 2013
- Forum for Innovations in Nursing Education – Pearson, Dallas, TX. March 01, 2013
- Art of Teaching Series (2 contact hours each meeting) - Sam Houston State University, The Woodlands, TX 77380. Meeting 4x each semester 2013-2015
- Writing Workshop CE Evaluation - Kaplan Nursing 9/13/2013
- Backward Design CE Evaluation- Kaplan Nursing 9/13/2013
- Overcoming of the Challenges of the Non-Self-Efficacious Student- Kaplan Nursing 9/13/2013
- How Nursing Student Study- Kaplan Nursing 9/13/2013
- Florida Laws and Regulations Nurse CE- 2 Credits
- Pharmacology Basics RN CE – 4 Credit hours

### **Other Nursing Activities**

- Incivility/Bullying Presentation, Sam Houston State University/School of Nursing, Huntsville - August 28, 2015
- Texas State University, School of nursing department April 16, 2013
- AORN North Harris/Montgomery County Chapter #4410, Memorial Hermann The Woodlands, TX 77380 - 2013

### **Training/Skills/Certification**

- PACE Teaching Conference 08/2017
- Meta Assessment Training Committee - 01/2017
- BLS Certification 2013-2019
- Building Competence in the Nursing Faculty Role- August 22, 2016
- 13th Annual SHSU Teaching & Learning Conference August 18, 2016
- Title IX and the College Campus: Sexual Assault, Gender Discrimination, and Response 12/4/2013-2014-2015, 2016, 2017
- Title IX: Revised Equal Employment Opportunity Compliance Training September 25,



2015

- Recognizing and Reporting Child Abuse Curriculum 9/5/2013-2014-2015-2016-2017
- Security Awareness Training-Basic 10/28/2013-2014-2015-2016-2017
- Art of Teaching Series- Beginning 3/19/2014, 11/17/2014, 2015 (Spring Semester)
- Blackboard Certification Training 2014
- AWHONN – New Evidence-Based Neonatal Skin Care of the High Risk Newborn, April 17 2014
- NursesCe4less.com/Florida Nursing Law and Rules (2 credits) 2014

## References

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